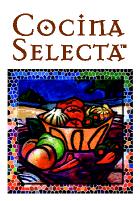


# EUROPEAN IMPORTS, INC. CHEESE • SPECIALTY FOODS • GAME • PASTRY









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### Back Cover Specialty

New items listed are scheduled to arrive by the month titled on the front of the newsletter.

European Imports, Inc. 600 East Brook Dr. Arlington Heights, IL 60005 1-800-323-3464 orders@eiltd.com www.eiltd.com

### Annual Chocolate Review

Indulge your Valentine's sweet tooth with a selection from our vast inventory of chocolate products. From finished products to raw ingredients we have just the item you need to make an extra special Valentine's Day dessert.



<u>Couverture / Pastry</u> Belcolade from Belgium Cacao Barry from France Callebaut from Belgium Valrhona from France Van Leer from Canada

### Cost and Labor Saving Chocolate Products

*Truffles from Life in Provence \*read more on page 4 Cups and Decorations from* 

Mona Lisa Decorations and Cups from Callebaut Cakes from Symphony Croissants from Lecoq Transfer sheets from IBC



Assorted Chocolate Petits Fours from Pasquier Taste It! Flourless Chocolate Cake and Tiramisu

### Retail Baking Chocolate for the Home Baker



Ghirardelli Baking Bars and Chips Scharffen Berger Baking Bars Valrhona Cocoa Powder

### **Bars and Confections**

After Eight Bovetti Chocomize Dagoba Ferrero Rocher French Truffle Baskets Ghirardelli Harvest Sweets Lake Champlain Lindt Niederegger Perugina NEW! Pernigotti Ritter Sport Bars Scharffen Berger Valrhona Vosges NEW! Wild Ophelia





## Under the Dome Jeff Babcock, Cheese Specialist The Swiss Family Lafranchi





In the rolling hills north of San Francisco a world reminiscent of the lowland Alps opens up. It still seems untouched, even though it is so short a distance to a major metropolitan area. After crossing the Golden Gate Bridge the terrain quickly changes as you cross into another world, a little like going back in time. Here you find the small town of Nicasio, where the Lafranchi family started their ranch about a hundred years ago. Many immigrants came to the area that long ago, the Swiss taking to the hills, while the Portuguese stayed near the shore and harbors. From the Lafranchi family home one can look down across the green valleys and wonder, why would anyone leave?



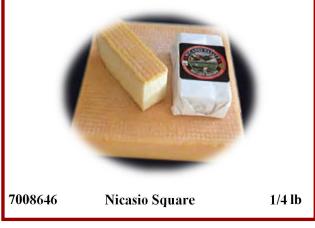
Brothers Rick and Scott Lafranchi carry on the family farm, each taking on different roles in the operation. They have, over the last few years, converted to a 100% organic production, something in great demand these days. Even more recently they began cheese production, a dream the family had for many years.

Drawing upon their Alpine heritage, they have created washed rind cheeses of tremendous quality. Their Nicasio Square is very much like the Italian Taleggio, only slightly more firm. The rind is washed with



brine and takes on the characteristic aromas associated with *Brevi. linens* bacteria! Although released when young, the cheese continues to mature and after a couple months begins its real maturation, as the paste softens and the flavor intensifies. The taste of those hills is the real *terroir*; the cows doing a magnificent job of passing it along.

Pair with a crisp white wine or fruity red, slathering it on a warm piece of ciabatta. Melt into a sauce, polenta or risotto, it will illuminate the senses.



### Wild and Unique Foods Tim Doyle, Meat & Game Specialist Pel-Freez Rabbit



### America's Favorite Rabbit\*

Founded in 1911, Pel Freez is America's leading and largest supplier of all natural, fresh and frozen rabbit products. Pel-Freez is the only USDA approved, Grade A supplier of rabbit meat; they also have a USDA inspector on premise during all production hours.

Pel-Freez rabbits are carefully bred and raised to yield mild and succulent white meat. Since diet largely determines flavor, the rabbits are fed a mixture of sweet alfalfa, hay, oats, wheat and barley, fortified with vitamin supplements. The rabbits are NEVER given preservatives or additives.

To the educated food consumer the word rabbit



might conjure a different image as its meat is growing in popularity. Why you ask? Here are a few good reasons. Rabbit meat is a good source of pro-

tein. Ounce for ounce rabbit is higher in protein than any other domesticated animal.

### Nutritional Value of Edible Meats

Edible Portion Uncooked	% Protein	% Fat	Cal. per lb.
Rabbit	20.8	10.2	795
Chicken	20.0	11.0	810
Veal	19.1	12.0	840
Turkey	20.1	20.0	1,190
Lamb	15.7	27.7	1,420
Beef	16.3	28.0	1,440
Pork	11.9	45.0	2,050

\*From USDA Circular #549

Rabbit is tender, delicately flavored, all white meat, low in calories, cholesterol and sodium. Since more and more Americans are eating healthier, this delicious easy to prepare food fits today's lifestyle. Rabbit is ideal for fast grilling, sautéing, braising or roasting. Do not overcook.



Let this tender, flavorful meat hop into your meal plans!

3890904 Rabbit Cut-Up 6/1 ct





2191759 Whole Rabbit Frozen 12/2.5-3 lb

1994351 Rabbit Leg Frozen 6/4/8 oz



1926241 Rabbit Loin Boneless 6/3/8 oz

## For the Pastry Chef Karl Helfrich, Pastry Specialist



Absolu Cristal is Valrhona's version of a clear neutral glaze. As with everything they manufacture, this glaze is quite unique and has many applications that would be unlikely or impossible with

similar products. First off, it is an all-natural

product that uses pectin and carrageenan as the gelling and thickening agents. It has no artificial preservatives, only using citric acid. Because of this, it should be refrigerated after opening. It can be used



as a hot or cold clear glaze (taking up to 30% dilution as a hot glaze or 10% as a cold glaze), but where it really shines (literally) is in applications where it is combined with other ingredients. It makes an exceptional chocolate glaze that is freezer safe by just combining with ganache:

### Soft Chocolate Glaze

450g heavy cream 600g Caraibe 66% 1200g Absolu Cristal -Prepare a smooth ganache that is well emulsified,



using a spatula rather than a whip as not to incorporate air. Finish with a hand blender. -Add the Absolu Cristal that has been heated to 70° C, mix with a hand blender and strain through a chinois. The glaze

should be used between 40°C and 45°C. (To make a milk chocolate glaze use 750g of chocolate).

Absolu Cristal also makes it very easy to create a fresh fruit coulis – no cooking necessary! This keeps the flavor and color intact while binding the liquid and providing a beautiful shine:

### **Raspberry Coulis**

400g raspberry puree 270g Absolu Cristal 40g lemon juice Add the Absolu Cristal to the puree and process with a hand blender until smooth.



0877557 Absolu Cristal

2/5kg



Valentine's Day is right around the corner and nothing says "be mine" like chocolate! Our Life in Provence truffles are made with European couverture and feature fresh cream ganaches and contain no artificial colors or preservatives. Each case contains 32 pieces each of six truffle flavors: Milk Chocolate Dulce de

Leche, Dark Chocolate Hazelnut, Dark Chocolate Passion Fruit, Dark Chocolate Coconut, Milk Chocolate Salted Caramel, and



White Chocolate Mocha. The truffles are packed frozen in sealed blister packs of 16 pieces each making it easy to just use what you need! Say it with chocolate this Valentine's Day!

Truffles

7931761

1/192 ct

### New Grocery Premium Italian Tomato Products

Tomatoes are an integral ingredient in so many recipes that we all strive for the very best available. Fresh and consistent. Mutti tomatoes provide just that. Fresh and consistent tomato



products. Based in the province of Parma, in the heart of the Food Valley, Mutti has made high quality tomatoes its mission since 1899.

Mutti, in its fourth generation of family ownership, has become one of the best-selling brands of canned tomatoes in Italy. Driven by Francesco Mutti, who continues to strongly believe in the values that let his brand become the most beloved tomato brand in Italy: the focus on quality, from the selection of seeds and farmers, to harvest and production; the attention to each single step in the whole chain; and the passion for the tomato.

To grow the perfect tomato, Mutti goes above and beyond in delivering quality in the whole cycle of a tomato: from seeding to cultivation, from harvest to delivery. Driven by the "rule of freshness", Mutti tomatoes are harvested from vines within 100 miles of their factory and then cold pressed to preserve their natural flavor before being packaged - all in an incredible 86 minutes.

This unique technique ensures the high lycopene and antioxidant qualities that sit underneath the skin of the fruit are retained and none of the goodness is lost. Developed and perfected in the generations of this familyrun business, this patented process is so highly guarded that in fact only three people in the company have the key to the room that houses the secret machinery!

Mutti's certified GMO free tomato products are in stock and now available from European Imports, Inc.:

#### 7009802 Tomato Parmesan Sauce 12/14 oz

The aromatic sweet flavor of Italian tomatoes comes together with the traditional taste of Parmigiano Reggiano for a really delicious sweet and creamy ready to use sauce.



#### 7009803 Baby Roma Tomatoes 12/14 oz

Mutti Baby Roma Tomatoes are a tasty variety with an unmistakable elongated shape, characterized by their sweet flavor and pulpy consistency. They are harvested and processed naturally in a short time to preserve the flavor of the fresh-picked tomato.





#### 7009805 Tomato Puree 12/14 oz

You'll want to make Mutti Tomato Purée a pantry staple. This puree is made with an exclusive selection of ripe Italian tomatoes, grown under the warm Mediterranean sun, and has a deep, fresh tomato flavor. The puree is made with only the best part of the tomato and is free of skins and seeds for a smooth texture and

low water content. It is perfect in a range of cooked dishes or as the base for authentic sauces. Free of preservatives and additives.

#### 7009917 Tomato Vinegar 12/16.9 oz

The recipe is simple and all natural. It is an intense ruby red color. Its smell reminds you of dried tomatoes and its flavor is aromatic and savory without any of the bitterness typical of wine vinegar. Made using select, ripe tomatoes, it can be used for cooked vegetables, to marinate fish and as salad dressing.



### Line Extensions





### Line Extensions



Replacements: 7009605 Buffalo Ricotta & Spinach Ravioli 3/2.2 Lb

Spinach and ricotta di buffalo in a delicate egg pasta. 60% filling. Replaces 3314089 packed 6/8.8 oz.

### 7009621 Porcini & Truffle Ravioli 3/2.2 Lb

Sauteed Porcini mushrooms and black Italian truffle in a sunflower shaped ravioli. 60% filling. Replaces 3314020 packed 6/8.8 oz.

#### 7009622 Goat Cheese & Sundried Tomato Ravioli 3/2.2 Lb

A blend of rich goat cheese and sundried tomatoes in a delicate half-moon shaped egg pasta. 63% filling. Replaces 3314079 packed 6/8.8 oz.

#### 7009623 Tomato Mozzarella & Basil Ravioli 3/2.2 Lb

Heirloom, sundried tomatoes, fresh mozzarella and basil in a sunflower-shaped egg pasta. 63% filling. Replaces 3314045 packed 6/8.8 oz.



New to the line:

7010215 Ginger Oasis Herbal Tea 12/16 oz Unsweetened ready to drink ginger spiced tea.





7010231 Cinnamon Sunrise Herbal Tea 12/16 oz Unsweetened ready to drink cinnamon spiced tea.



New to the line:

#### 3910439 Shakshuka Sauce 6/26 oz

Moroccan spiced tomato sauce made using only all natural ingredients. Delicious when used traditionally with poached eggs as Shakshuka. Also great with pasta, or on a pizza, or to liven up a stew.





Spindrift seltzers are now available in cans:

3984412 Lemon Seltzer 6/4/12 oz





7009806 Raspberry Lime Seltzer 6/4/12 oz

7009807 Cucumber Seltzer 6/4/12 oz





7009808 Grapefruit Seltzer 6/4/12 oz



## Specialty Another Healthy Ingredient











Many of us will be starting the New Year off on a diet. Tuna is an often ubiquitous item on the daily menu for anyone serious about getting into shape. Tuna is a great source of protein and omega-3 fatty acids and can be a great on-the-go-food for health conscious consumers. The ever popular tuna salad sandwich is a standard offering on many menus in restaurants and delis and for that we suggest you turn it up a notch by using **Love of Fare** Tonggol <u>Tuna.</u>



To make a great tuna salad you have to start with an exceptional tuna. Love of Fare is that tuna. Each can of Love of Fare tuna contains only three ingredients. Tuna, water and salt. Additionally, Love of Fare Tonggol Tuna is hor izontally packed, which means the cans are packed by hand using only the best parts of the tuna, the breast and tail sections of the fish. When you start with the best ingredients available the end result is a fantastic product that will have consumers coming back for more.





The tonggol tuna is a small fish, the average size of this variety is 15 to 20 kg in weight. Because of its size Tonggol only has a trace amount of mercury. This is a major concern of the public today. Tonggol tuna is recognized by the health food industry as overall higher quality and better tasting than that of any other species. It also represents the tonnage of only 4% of all the tuna fished in the world today, and European Imports, Inc. is one of the few companies who have the opportunity to sell this quality product to our customers.

While tonggol tuna is sold in the United States as "chunk light" tuna it is considered as "chunk white" tuna in every other country. **Love of Fare** Tonggol Tuna has been certified by Earth Island as "Dolphin Safe" denoting the product has been fished via long line and not by net which harms or kills the dolphin population.



If we haven't impressed you with **Love of Fare** Tonggol Tuna's low mercury levels and responsible fishing practices, we know the taste will win you over! Order yours today:

1434535 Tonggol Tuna 6/66.5 oz drained weight